Partners Asthma Center’s ASTHMA EDUCATORS’ INSTITUTE

COURSE DESCRIPTIONS

Our introductory program, Becoming an Asthma Educator: Learning to Teach Patients and Families About Asthma, was first offered in 2003 to high acclaim. The format combines lectures, question-and-answer sessions, case discussions, and hands-on demonstrations to maximize understanding about effective asthma education for young children, school children, and adults. We review in detail the recommendations of the Expert Panel 3 (2007) of the National Asthma Education and Prevention Program regarding staging of disease, assessment of control, and treatment.

On completion of this program, we anticipate that participants will be well prepared to take and pass the Certification Examination offered by the National Asthma Educator Certification Board.

For those who have already completed the Becoming an Asthma Educator course or seek additional learning about asthma, we offer our “Advanced Program.” This year we will explore the relationship between asthma and other diseases that may mimic asthma, both in children and adults. We will consider wheezing that comes from small airways in a discussion of bronchiolitis; wheezing due to chronic infection of the airways (bronchiectasis); wheezing from excess collapse of the trachea and central airways (tracheomalacia); wheezing that originates in the upper airways, including vocal cord dysfunction; and wheezing caused by chronic cigarette smoking (COPD). In some instances, these disorders complicate asthma and its management, including viral bronchiolitis, bronchiectasis due to allergic bronchopulmonary aspergillosis, vocal cord dysfunction, and the asthma-COPD overlap syndrome. Case discussions of pediatric and adult cases will explore these and other diagnoses and solidify learning through specific patient examples.

The format will include lectures, time for questions and answers, case discussions, and exhibits.

Our Becoming an Asthma Educator course is available on-line as an additional resource. This is a series of nine video modules with related, exam-type questions and answers. The course, and further information, are available at www.asthmalearning.org.

COURSE DATES AND LOCATIONS

<table>
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<tr>
<th>Newton-Wellesley Hospital</th>
<th>Brigham and Women’s Hospital</th>
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<tr>
<td>Saturday, October 5, 2019</td>
<td>Saturday, December 7, 2019</td>
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<tr>
<td>Becoming an Asthma Educator</td>
<td>“All That Wheezes is Not Asthma”</td>
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<td>(Shipley Auditorium, Bowles Conference Center)</td>
<td>(Bornstein Family Amphitheater)</td>
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This conference was very informative and very organized. One of the best ones I have ever been to.”
“Relevant [and] easy to understand. Dealt with everyday situations.”
“Excellent seminar: speakers very well-informed, knowledgeable, and captivating.”

—Comments from course participants—

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INTRODUCTORY PROGRAM

Becoming an Asthma Educator

8:00 – 8:30 am  Registration
8:30 – 8:35  Welcome/Orientation
8:35 – 9:20  Understanding and Teaching the Mechanisms of Asthma
9:20 – 9:50  The Asthma Guidelines: Diagnosis and Assessment of Asthma
10:30 – 10:50  Coffee Break
10:50 – 11:20  Lung Function Measurements / Peak Flow
11:20 – 12:00 p.m  Special Considerations in Children
12:00 – 1:00 Lunch
12:00 – 1:00  Lunch
1:00 – 1:30  Assessing Allergic Sensitivity and Allergen Exposures
1:30 – 2:00  Inhalers and Inhalational Aids
2:00 – 2:30  Managing Asthmatic Attacks
2:30 – 3:00  Developing an Asthma Action Plan
3:00 – 3:45  Exhibits/Small Group Demonstrations
3:45 – 4:00  How to Prepare for the NAECB Exam
4:00 – 5:00  Case Discussions

ADVANCED PROGRAM

“All That Wheezes is Not Asthma”

8:00 – 8:30 a.m.  Registration
8:30 – 8:35  Welcome/Orientation
8:35 – 9:20  Anatomy of Wheezing: Physiology, PFTs, and Imaging
9:20 – 10:05  The Natural History of Early Childhood Wheezing
10:05 – 10:30  Coffee Break
10:30 – 11:15  Bronchiectasis, including Allergic Bronchopulmonary Aspergillosis
11:15 – 12:00  Asthma-COPD Overlap
12:00 – 1:00 p.m.  Lunch
1:00 – 1:45  Upper Airway Wheezing, including Vocal Cord Dysfunction
1:45 – 2:30  COPD, including Asthma-COPD Overlap
2:30 – 3:15  Case Discussions: Pediatric
3:15 – 3:45  Exhibits/Small Group Demonstrations
3:45 – 4:30  Case Discussions: Adult

COURSE ACCREDITATION

- This activity has been submitted to ANA Massachusetts for approval to award contact hours. ANA Massachusetts is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. For more information regarding contact hours, please call Jackie at 617-732-7464.
- Continuing education (CRCE) hours (approximately 6 hours) for registered respiratory therapists have been approved by the American Association of Respiratory Care.
- Continuing education credit hours (6 hours; 0.6 CEUs) for pharmacists have been approved by the Massachusetts Board of Registration in Pharmacy.

PARTNERS

ASTHMA CENTER

Seminars for Asthma Educators

8:30 – 9:15  Welcome and Introduction
9:15 – 10:00  Allergy Skin Testing and Allergen Exposures
10:00 – 10:30  Review of Pulmonary Function Tests
10:30 – 11:15  Bronchiectasis, including Allergic Bronchopulmonary Aspergillosis
11:15 – 12:00  Exercise-Induced Asthma
12:00 – 1:00 Lunch
1:00 – 1:45  Upper Airway Wheezing, including Vocal Cord Dysfunction
1:45 – 2:30  COPD, including Asthma-COPD Overlap
2:30 – 3:15  Case Discussions: Pediatric
3:15 – 3:45  Exhibits/Small Group Demonstrations
3:45 – 4:30  Case Discussions: Adult

COURSE ORGANIZERS

Program Directors: Christopher Fanta, M.D.
Elaine Carter, B.N., R.N., AE-C

Newton-Wellesley Hospital: Dennis Beer, M.D.

Brigham and Women’s Hospital: Keman Haver, M.D. (BCH)

The faculty will draw on the resources of the Partners Asthma Center staff and will vary with the site of the presentation.

Registration

Tuition Fee:
Early registration (two weeks prior to course)  $90
Late registration (within two weeks of course)  $110

Full payment must accompany registration. Make check payable to Partners Asthma Center.

Register online at www.asthma.partners.org
(Address inquiries to: Partners Asthma Center
PBB-3
15 Francis Street
Boston, MA 02115
(617) 732-7464
email: asthma@partners.org

Refund Policy: Refund requests must be received one week prior to course. No refunds will be made thereafter.

❑ Saturday, October 5, 2013 (NWH) Becoming an Asthma Educator
❑ Saturday, December 7, 2013 (BWH) “All That Wheezes is Not Asthma”

Full Name
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Middle Initial
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Affiliation

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Profession
Institutional Affiliation

“Early registration fees include Coffee Break and Lunch, but not parking”

Dennis Beer, M.D.


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